

Prevention Plan

Student/Camper: _____ Date of Birth: _____

Teacher/Counselor _____

ALLERGY TO: _____

Asthmatic? Y/N) _____
(Yes=Higher Risk for Severe Reaction)

School/Camp will:

- Have staff trained in medication administration onsite
- Have staff trained in First Aid & CPR
- Have staff trained in emergency allergy management & anaphylaxis
- administering EpiPen® including demonstration & practice
- Emergency List distributed to: _____
- Have staff trained on individual emergency plans

- Ensure staff make every reasonable effort to prevent camper's exposure to known allergens
- Other _____

Parents will:

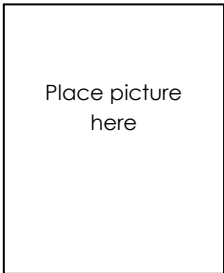
- Provide pertinent health information
- Provide Physician Authorization Forms and Action Plans
- for medication and specific actions plans for emergency care

- Current, non-expired medications
- Provide safe snack option to camp/classroom
- Other: _____
- Other: _____
- Other: _____

Student/Camper will:

- Make every effort to avoid contact with allergen
- Alert nearest adult if suspect exposure to allergen
- Other

Notes:



Management of Severe Allergic Reactions & Anaphylaxis

Student/Camper: _____ Date of Birth: _____
Teacher/Counselor _____ Program: _____
ALLERGY TO: _____

Asthmatic? (Y/N) _____ (Yes=Higher Risk for Severe Reaction)

STEP 1: TREATMENT

Symptoms	Give This Medication	
	Epinephrine	Antihistamine
If a food allergen is ingested or suspected bee sting, but <i>no symptoms</i>		
Mouth: itching, tingling, or swelling of lips, tongue mouth		
Skin: hives, itchy rash, swelling of the face or extremities		
Gut: nausea, abdominal cramps, vomiting, diarrhea		
Throat *: Tightening of throat, hoarseness, hacking cough		
Lung*: Shortness of breath, repetitive coughing, wheezing		
Heart*: Weak or thread pulse, low blood pressure, fainting, pale, blueness		
Other:		
If reaction is progression (several of the above areas affected):		

*Potentially life-threatening. The severity of symptoms can quickly change.

DOSAGE

Epinephrine: inject intramuscularly:

EpiPen® _____ EpiPen JR® _____ Auvi-Q _____
or generic _____ or generic _____

Antihistamine: give _____

Other: give _____

IMPORTANT: Asthma inhalers and/or antihistamines cannot be depended on to replace epinephrine in anaphylaxis.

STEP 2: EMERGENCY CALLS

Call 911 (or Rescue Squad). State that an allergic reaction has been treated and additional epinephrine made be needed.

_____ Doctor's Name	_____ Doctor's Phone Number
_____ Parent's Name	_____ Parent's Phone Number
_____ Emergency Contact 1 Name/Relationship	_____ Emergency Contact 1 Phone Number

EVEN IF A PARENT/GUARDIAN CANNOT BE REACHED, DO NOT HESITATE TO MEDICATE OR TAKE CHILD TO MEDICAL FACILITY!

Parent Guardian's Signature/Date

Doctor's Signature/Date